

Zia Rifle and Pistol Club
Women's Only Handgun Basics and NRA Personal Protection in the Home
April 25-26, 2026 and October 24-25, 2026
Cost: \$65.00

Unique Event! This is a **very special** opportunity to get great training at a great price! Zia Rifle and Pistol Club, along with the NRA Foundation, is subsidizing this unique, women's only course, bringing the cost down to only \$65.00 for two full class days. The cost includes all ammunition, use of guns, course materials and range fees – you only need to provide eye and ear protection and your lunch. You will get first class training. You will get lots of time to perfect your skills and try different firearms so you can figure out what works for you. **Each course is limited in size, so get your application in early!**

Concealed Carry. If you want to get your concealed carry license after the completion of the course, please contact Heidi Chowning at hchowning@aol.com for more information.

Topics. We will cover topics related to using a handgun for self-defense in the home. Some of the topics covered are:

- The basics of pistol operation and safe use and storage
- Mental preparation and mindset for using a firearm for personal protection
- Marksmanship, accuracy, using cover and concealment
- Firearms and the law
- Strategies for home safety and responding to a violent confrontation
- Selecting a handgun for self-defense

During the course, you will have the opportunity to handle and shoot a variety of handguns in a variety of calibers. This course is for women who want to learn about personal protection. It is designed so it can be taken by someone who has no experience with firearms. It is also valuable for someone who has firearms experience but wants more information about using a firearm for personal protection.

Times: 8:30 am to 5 pm each day.

Course Cost: \$65 (The cost includes gun use, all ammunition, course materials and City Shooting Range fees)

Location: Albuquerque City Shooting Range Park

Questions: contact Heidi Chowning at hchowning@aol.com or (505) 263-6169.

To reserve your spot in the course, send this form and a check for \$65 made out to the "Zia Rifle and Pistol Club" to:

Heidi Chowning
PO Box 1322
Corrales, NM 87048

You will be sent a confirmation of your acceptance into the course, a map to the range and further course information upon receipt of your application and course fee. After the due date, you will only receive a refund if someone else takes your slot in the course.

**Zia Rifle and Pistol Club
2026 Ladies Personal Protection Course Application**

Check which class you want to attend. If either set of dates works for you, put a 1 for your first choice and a 2 for your second choice, in case your first choice is already full.

April 25-26, 2026 _____

Oct 24-25, 2026 _____

Name: _____ Home Phone: _____

Address: _____ Cell/Office Phone: _____

City: _____ State: _____ Zip: _____

Email: _____

Age: _____

Are you a Zia member, or is a family member or member of your household a Zia member?

Y/N _____

Relation to Zia member (Ex: self, mother, father, son, daughter, fiancé) _____

Zia member number: _____

EACH PARTICIPANT MUST BE ON A SEPARATE APPLICATION

PARTICIPANTS MAY NOT BE COMBINED ON ONE APPLICATION

Mail this application and a check for \$65 made out to "Zia Rifle and Pistol Club" to:

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Disclaimer: Even though this course is taught by NRA certified instructors and all safety rules of the Zia Rifle and Pistol Club will be strictly enforced, I will be attending these classes with full knowledge that any use of firearms can be a dangerous activity. I therefore release the Zia Rifle and Pistol Club, its officers, directors, members, the instructors and range assistants from any liability. Furthermore, I certify that I am not prohibited by any Federal or State law from possessing a firearm or ammunition.

Signed Name: _____ Date: _____